

St. Francis Cafeteria
FEBRUARY 2023

MENU 1	Feb 6	Feb 7	Feb 8	Feb 9	Feb 10
SOUP	Soup with a roll				
MAIN DISH	Chicken Fingers	Lasagna	Hamburger	Hot Dog(s)	No School
VEGGIES	Vegetable Sticks	Vegetable Sticks		Vegetable Sticks	
SIDE DISH	Potato Wedges	Bread	Potato Wedges		
DRINK	Choice between milk or real juice				
DESSERT	Choice between dessert of the day or fresh fruit				

MENU 2	Feb 13	Feb 14	Feb 15	Feb 16	Feb 17
SOUP	Soup with a roll				
MAIN DISH	Fish sticks	Tacos in a Tortilla Shell (beef)	Macaroni & Meat	Chicken Wrap	Pizza
VEGGIES	Hot Mixed Vegetables	Veggies in Taco		Vegetable Sticks	Vegetable Sticks
SIDE DISH	Rice		Bread	Potato Wedges	
DRINK	Choice between milk or real juice				
DESSERT	Choice between dessert of the day or fresh fruit				

MENU 3	Feb 20	Feb 21	Feb 22	Feb 23	Feb 24
SOUP	Soup with a roll				
MAIN DISH	Spaghetti & Meat Sauce	Shepherd's Pie	Sausage	Mac & Cheese	Chicken Burgers
VEGGIES	Caesar Salad		Hot Mixed Vegetables	Vegetable Sticks	Vegetable Sticks
SIDE DISH	Bread	Bread	Mashed Potatoes	Bread	
DRINK	Choice between milk or real juice				
DESSERT	Choice between dessert of the day or fresh fruit				

MENU 4					
SOUP					
MAIN DISH					
VEGGIES					
SIDE DISH					
DRINK					
DESSERT					

Snacks available for \$1.00 each:

Goldfish snacks, Go Pure Fruit and granola bars
Homemade cookies, Yogurt tube,
Bear Paws, Ritz + Cheese snacks

*****Cafeteria Snacks Schedule*****

Homemade Muffin on Tuesdays
Fresh-popped popcorn on Thursdays