

## St. Francis Cafeteria NOVEMBER 2022

MENU 1	Oct 31	Nov 1	Nov 2	Nov 3	Nov 4
SOUP	Soup with a roll				
MAIN DISH	Chicken Fingers	Lasagna	Hamburgers	Meatballs	Hot Dog(s)
VEGGIES	Vegetable Sticks	Vegetable Sticks		Hot Mixed Vegetables	Vegetable Sticks
SIDE DISH	Potato Wedges	Bread	Potato Wedges	Mashed Potatoes	
DRINK	Choice between milk or real juice				
DESSERT	Choice between dessert of the day or fresh fruit				

MENU 2	Nov 7	Nov 8	Nov 9	Nov 10	Nov 11
SOUP	Soup with a roll				
MAIN DISH	Fish sticks	Tacos in a Tortilla Shell (beef)	Macaroni & Meat	Chicken Wrap	Pizza
VEGGIES	Hot Mixed Vegetables	Veggies in Taco	Vegetable Sticks	Vegetable Sticks	Vegetable Sticks
SIDE DISH	Rice		Bread	Potato Wedges	
DRINK	Choice between milk or real juice				
DESSERT	Choice between dessert of the day or fresh fruit				

MENU 3	Nov 14	Nov 15	Nov 16	Nov 17	Nov 18
SOUP	Soup with a roll				
MAIN DISH	Grilled Cheese Sandwich	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>
VEGGIES	Vegetable Sticks				
SIDE DISH	Vegetable Soup				
DRINK	Choice between milk or real juice				
DESSERT	Choice between dessert of the day or fresh fruit				

MENU 4	Nov 21	Nov 22	Nov 23	Nov 24	Nov 25
SOUP	Soup with a roll				
MAIN DISH	Spaghetti & Meat Sauce	Shepherd's Pie	Chicken Burgers	Mac & Cheese	Sloppy Joes
VEGGIES	Caesar Salad		Vegetable Sticks	Vegetable Sticks	Vegetable Sticks
SIDE DISH	Bread	Bread		Bread	
DRINK	Choice between milk or real juice				
DESSERT	Choice between dessert of the day or fresh fruit				

### Snacks available for \$1.00 each:

Goldfish snacks, Go Pure Fruit and granola bars
Homemade cookies, Yogurt tube,
Bear Paws, Ritz + Cheese snacks

