



# St. Francis Cafeteria

## AUGUST-SEPTEMBER 2019



MENU 1	AUGUST 26	AUGUST 27	AUGUST 28	AUGUST 29	AUGUST 30
SOUP	Homemade chicken noodle soup with a roll				
MAIN DISH	NO SCHOOL	NO SCHOOL	NO SCHOOL	Meatballs	Hot Dog(s)
VEGGIES				Hot Mixed Vegetables	Creamy Coleslaw
SIDE DISH				Mashed Potatoes	
DRINK	Choice between milk or real juice				
DESSERT	Choice between dessert of the day or fresh fruit				

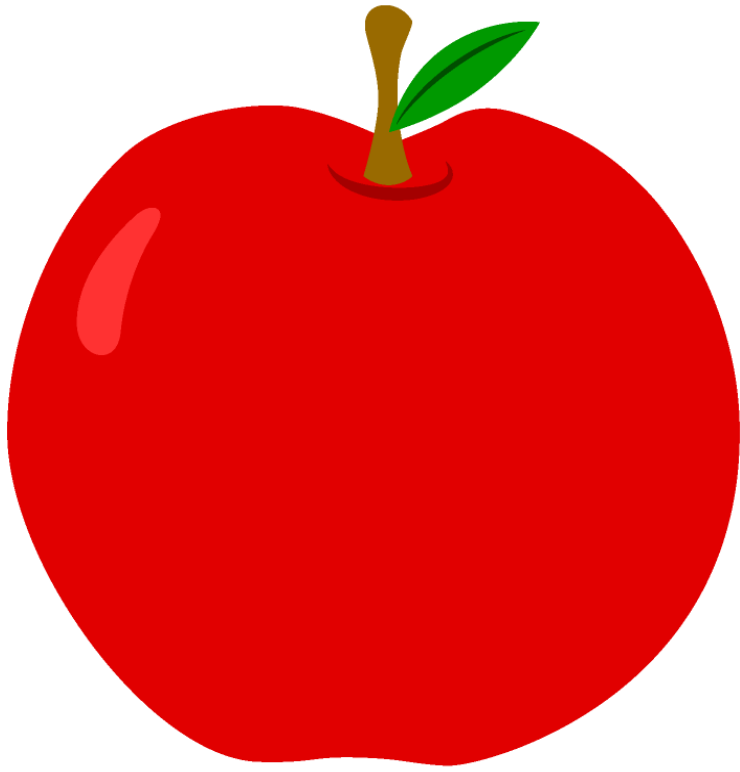
MENU 2	SEPTEMBER 2	SEPTEMBER 3	SEPTEMBER 4	SEPTEMBER 5	SEPTEMBER 6
SOUP	Homemade creamy vegetable soup with a roll				
MAIN DISH	NO SCHOOL	Tacos in a Tortilla Shell	Macaroni & Meat	Chicken Wrap	Pizza
VEGGIES		Veggies in Taco	Broccoli	Vegetable Sticks	Carrots & Celery
SIDE DISH			Bread		
DRINK	Choice between milk or real juice				
DESSERT	Choice between dessert of the day or fresh fruit				

MENU 3	SEPTEMBER 9	SEPTEMBER 10	SEPTEMBER 11	SEPTEMBER 12	SEPTEMBER 13
SOUP	Homemade chicken and rice soup with a roll				
MAIN DISH	Fish Burger	Shepherd's Pie	Hot Chicken Sandwich	Mac & Cheese	Pot Luck
VEGGIES	Creamy Coleslaw		Green Peas	Carrots & Broccoli	
SIDE DISH	Potato Wedges	Bread	Mashed Potatoes	Bread	
DRINK	Choice between milk or real juice				
DESSERT	Choice between dessert of the day or fresh fruit				

MENU 4	SEPTEMBER 16	SEPTEMBER 17	SEPTEMBER 18	SEPTEMBER 19	SEPTEMBER 20
SOUP	Homemade vegetable soup with a roll				
MAIN DISH	Spaghetti & Meat Sauce	Chicken Burgers	Sloppy Joes	Grilled Cheese Sandwich	NO SCHOOL
VEGGIES	Caesar Salad	Veggies	Mixed Veggies	Carrots & Celery	
SIDE DISH	Bread	Potato Wedges		Roasted Potatoes	
DRINK	Choice between milk or real juice				
DESSERT	Choice between dessert of the day or fresh fruit				

### Daily snacks available for \$1.00 each:

Monday, Wednesday, Friday:	Popcorn, Cereal & Goldfish Mix, Cheese & Crackers, Cookies, Smoothie Pops
Tuesday & Thursday:	Veggies & Dip, Sliced Apple, Cookies and/or Muffins, Smoothie Pops
Sometimes:	Cheese Stick, Yogurt Tube



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